We are excited to share this report highlighting University of Illinois Extension programming in Clark, Crawford and Edgar counties during 2017. Our educators, program delivery staff, and support staff work diligently to make a difference in the communities in which we live and work. We continue to focus our efforts on workforce readiness with youth and adult audiences, living a healthy lifestyle, growing and accessing a safe and adequate food supply, and positive youth development through our school, community, and 4-H programming.

The impact our programs have in our communities is a direct result of the individuals, both staff and volunteers, who implement quality educational experiences. University of Illinois Extension collaborates with organizations and businesses with complementary missions and goals. These collaborations allow for better use of limited resources to extend knowledge and change lives.

We hope this impact report demonstrates who we are and why we matter in our communities. Please feel free to contact me or any other unit staff member with questions or to learn about opportunities to volunteer or support our efforts.

Sincerely,
Stacy Woodyard
County Extension Director
**REVENUES**

- **$268,600** Local—County Board Funds
- **$57,500** Local—4-H Foundations/Federation
- **$44,788** Local—Other Matchable Donations
- **$35,000** Local—Program Fees & Publication Sales
- **$241,077** State—Matching Funds*
- **$57,228** State—U of I General Revenue Funds
- **$25,465** State—Youth Development Funds
- **$21,000** Federal—Smith-Lever Funds

* Funds never received

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**EXPENDITURES**

- **$553,872** Personnel
- **$74,374** Overhead
- **$80,500** Programming
- **$241,077** Local—County Board Funds
- **$57,500** Local—4-H Foundations/Federation
- **$44,788** Local—Other Matchable Donations
- **$35,000** Local—Program Fees & Publication Sales
- **$241,077** State—Matching Funds*
- **$57,228** State—U of I General Revenue Funds
- **$25,465** State—Youth Development Funds
- **$21,000** Federal—Smith-Lever Funds

* Funds never received

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**Who We Serve**

- **County**
  - Clark County, IL: 16,159
  - Crawford County, IL: 19,541
  - Edgar County, IL: 17,992
  - Unit: 53,692
  - State of Illinois: 12,873,761

**Families below poverty level**

- **Clark**: 11.3%
- **Crawford**: 8.6%
- **Edgar**: 12.2%
- **Unit**: 10.7%
- **State**: 10.5%

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**Data for 25 years or older**

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</tbody>
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*CLARK, CRAWFORD, & EDGAR COUNTIES 2017 IMPACT REPORT 3*
Illinois Extension hosted two garden seminars in 2017 with nearly 350 attendees. Held in January, and sponsored by the Crawford County Master Gardeners, the Winter Day in the Garden was hosted at Lincoln Trail College in Robinson. With topics such as Bee Keeping 101, Gravel Gardens, and Fruit Bearing Plants, guests were treated to the expertise of Extension Educators, along with botanical garden employees and private nursery owners.

April in Paris was hosted by Edgar County Master Gardeners featuring keynote speaker Mac Condill, owner of The Great Pumpkin Patch in Arthur. Other speakers included two Extension Educators teaching the audience about garden photography and garden variety.

Edgar County Master Gardeners at the April in Paris Gardening Seminar.

I Think Green Butterfly Program

The I Think Green program teaches youth how living things interact with each other and their environment. Held every Monday, April through May in 2017, the Edgar County Master Gardener volunteers went to the 4th grade classrooms in Paris each week for approximately 50 minutes. Volunteers Liz Gough, Nancy Hansel, Mike Sekerek, Kate Morecraft, Tammy Hess, and Ron George taught the lifecycle of the butterfly. At the last class, the students released their butterflies. Students also took part in many hands-on learning activities, and learned the different species of butterflies.

Master Gardener Shows Dedication

Jan Phipps of Edgar County shows her commitment to horticulture education by writing a monthly column for the Prairie Press Newspaper, the Illinois Farm Bureau Partners Magazine, and the Unit Extension Website. Just one more example of Extension in the community.
EXTENSION COLLABORATION IN THE COMMUNITY

Bee Well of Edgar County is a grassroots coalition focusing on the health and wellness of Edgar County Residents, and Illinois Extension is a member. Extension Educator Mary Liz Wright regularly uses Extension material at community events. The Master Gardeners use the Bee Well Community Gardens for volunteer hours and for sharing advice and demonstrating proper gardening techniques.

Bee Well Highlights

- Free viewing of the movie “Fed Up” at the local theater. Participants were provided family meal recipes and tips on shopping for healthy food. A local grocery store provided healthy snacks and the Bee Well coalition sent over 40 families home with a Healthy Tips calendar.
- Bee Well Community Gardens: Three teaching garden sites in Paris, Hume and Kansas offering 10x20 plots to anyone wanting to learn how to raise their own food. Gardeners are offered food safety information, recipes, and food preservation information, via in-person workshops and emails. Illinois Master Gardeners offer gardening techniques and information. The gardens were featured in the Illinois Agri-News statewide newspaper.
- Family Fun Runs: weekly “runs” held at a local park for families to enjoy exercise and receive wellness tips.
- Bee Well was represented at various community events, e.g. school open house, county fair, festivals, sharing wellness information with attendees.
- Future project: Bee Well Special: coalition members, along with local restaurants will select various menu items to be declared “Bee Well Specials” indicated by the Bee Well logo sticker to encourage people to make healthier choices while dining out.
- Weekly wellness tips posted on the Bee Well Facebook page, averaging over 500 “likes” each.
- Bee Well was recently interviewed by an Indiana television station about the coalition and how it is building a culture of health in Edgar County.
- According to a recent newspaper article, a local farmer has added direct sale vegetables to his crop plan in answer to “Edgar County is in a fit frenzy with Bee Well.”
The Bee Well Coalition has embarked on a Social Media campaign to share timely tips with Facebook followers. Members post weekly on various subjects, e.g. Move Monday, Try it Tuesday, Sugar Less Wednesday, Thirsty Thursday, Fruit and Veggies Friday. Nutrition and Wellness educator Mary Liz Wright posts tips and information about consuming less sugar on Wednesdays. The Sugar Less Wednesday posts average over 200 “likes” per week. The feedback has been encouraging with readers commenting on how helpful the posts have been.

“I am ordering water when I go out to eat; I am trying to drink water throughout the day.” A local businessman at a community gathering said, "I really like the videos and articles you post on FaceBook--I read them all. Keep them coming!"

“Motivational Mondays”
This series of “how to” videos continues to be a popular source of information for Facebook viewers. The YouTube videos have been seen by over 450,000 viewers with comments such as:

"...Thank you... I have to go to a UNIVERSITY video to see how to use a crock pot. All the other videos on YouTube are about catchy titles or literally everything except how to actually use the crock pot."

“I rely on the University Extension for good safe instructional videos...Thanks....”

“Concise, simple and to the point. No needless chatter! Refreshing alternative to poorly made, egocentric videos that dominate the web. Thank you.”

Nutrition and Wellness Educator, Mary Liz Wright, submits bimonthly blog posts to the Unit’s webpage. She covers seasonal topics, nutrition tips, topics in the news, food safety and food preservation. Her blog, Be Smart, Eat Well, Get Healthy averages over 200 hits per entry.

Motivational Mondays
Motivational Monday is the Family and Consumer Science Educator team’s weekly eNewsletter. Wright wrote the entries for January and October in 2017. This publication is sent electronically to all Illinois Extension staff every Monday. Some comments about Wright’s articles are:

"Just a quick note of thanks for the wonderful job you do with the Motivational Monday’s. Today’s was spot on and what I was looking for as I turn over to a new year and the internal desire to become healthier this year. The simple suggestions are quite doable and an excellent reminder of the simple things one can do to get started off in the right direction. BTW...your videos are outstanding and are so understandable and easy to follow...I am thinking about making some roasted root vegetables tonight for lunches and dinners the rest of the week."

"Motivational Mondays have been very helpful and I am really glad that I signed up. But I want to say this one is my favorite. I love the idea of “SMART.” Just a great way to set attainable goals."

"LOVED the ways to cut 100 calories! Well done!"

Bathroom Buzz
The Family and Consumer Science team’s monthly wellness newsletter, Bathroom Buzz, is now being shared to all North American Lighting facilities throughout the world!

"Shared by Ethan Garcia, HR at NAL"

The FCS monthly publication sheet, "Bathroom Buzz" is now being sent home in the backpacks of each local elementary school student!

This monthly publication is shared with community leaders, school administrators, and program participants from all over the state!
Nutrition and Wellness Educator Mary Liz Wright has partnered with the Regional Office of Education # 11 to offer continuing education to area school food service staff. Illinois Extension educators have collaborated to create curriculum to satisfy the USDA requirements for school food service staff. Participant evaluations indicate that 99% of the food service professionals felt the course met the objectives aligned with the Healthy, Hunger-Free Kids Act and 97% intend to make a change directly related to what they learned.

Several of the schools have seen improvements in school lunch participation as a result of new methods learned at the workshops.

For example, “The food service staff from Okaw Valley School in Bethany Illinois, recently implemented a new option of a “Grab and Go” reimbursable lunch. The lunch count has increased by 20–30 students everyday! The students love the fact that they do not have to stand in line!”

Paris Community Hospital
Paris Community Hospital employees have committed to improving their health. Now in its second year, the “Wellness Bonanza” is helping to improve the health of the 187 voluntary participants. One component of the program involves educational opportunities provided by the University of Illinois Extension.

Extension programs are delivered to each shift of employees on various topics such as: 5 Ingredient Recipes, Grocery Shopping on a Budget, Eating to Reduce the Risk of Diabetes, and Label Reading. When responding to a survey at the completion of a session, 100% indicated they had gained knowledge and awareness of ways they could change to improve their health.

Crestwood School, CUSD #4, Paris increased student participation significantly by implementing methods learned from Mary Liz Wright, Illinois Extension Nutrition and Wellness Educator.
I have been drinking a lot of milk.

I drank water instead of pop.

There were cookies on the table and some fruit, and I picked the fruit because it is a healthy food.

TYPICAL RESPONSES FROM STUDENTS AFTER PARTICIPATING IN THE ORGANWISE GUYS® PROGRAM

Impact of the OrganWise Guys® monthly classroom programs

- 57% Students choosing more healthful meals or snacks
- 43% Students reporting being more physically active
- 85% Teachers reporting they are eating more fruits and vegetables themselves
- 57% Students reporting they are drinking more water
- 71% Teachers reporting they are more aware of the importance of a healthful diet

Illinois Extension was a presence at the Senior Expo, held in January 2017, where participants visited booths on areas of interest.
Clark, Crawford & Edgar Counties

SNAP-Ed

The healthy choice isn’t always the easy choice, especially on a limited budget. Illinois Nutrition Education Programs (INEP) staff provide practical tips to help limited-resource families prepare healthy meals, learn basic nutrition and food safety, and learn food budgeting, all during interactive classes provided free of charge.

INEP staff work with a variety of community organizations to achieve this goal, including local health departments, food pantries, WIC clinics, Head Start preschool sites, senior citizen centers, Family Community Resource Centers, eligible schools, grocery stores, and community centers.

For Kindergarten through 2nd grade students in eligible schools, the OrganWise Guys® program teaches healthier lifestyles through monthly nutrition-based lessons. Preschoolers also learn healthy habits through the Color Me Healthy curriculum where food choices and physical activity are emphasized.

As a result of the teaching of SNAP-Ed Community Workers Kim Trine and Hope Dennis, teachers were able to report students had improved water intake, chose to play/exercise more to build muscle, and improved their healthy eating behaviors. Specifically, 100% responded their students seem more aware of the importance of having a healthful diet. Teachers also report making changes in their classrooms to promote healthier choices such as giving students more physical activity breaks.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-Education)

SNAP–Education works with limited-resource audiences to make healthier choices where they eat, shop, live, play and learn in their communities. Through classes and workshops, and by working towards policy, systems, and environmental changes, SNAP–Education positively impacts the nutrition and activity choices of people and communities we serve.

Serving Local Residents

1,478 Total SNAP-Ed Participants
126 (9%) Adults
1,352 (91%) Youth
23 (2%) Participants Who Identified as Hispanic

RACE OF PARTICIPANTS

- 95% White (1,404)
- 3% Black (45)
- 2% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (29)

Our Partners

- 8 K-12 Schools
- 8 Community Centers
- 7 Youth Centers
- 9 Early Childhood Centers
- 6 Food Pantries and Food Banks
In 2017, CED Educator Tiffany Macke facilitated development and redevelopment of three organizations at the community, county, and regional level. She helped the community of Marshall put their vision of creating a community endowment fund into action. Planning meetings were held, education and awareness media campaigns were created, and an education “kick-off” event was held. As a result, Marshall now has an active community endowment fund seeded at over $10,000.

iDream–iCreate Program Development

2017 was a significant year for the iDream – iCreate Program. The year kicked off with an educational presentation and activity at the Marshall Chamber of Commerce Annual Dinner with approximately 150 community leaders in attendance. At the end of the program, Extension Educator Tiffany Macke solicited volunteers interested in facilitating this vision for the Marshall School system. Three community leaders came forward, and as a result of that “call to action”, the Marshall Dream Team was formed. The Dream Team is the group of community leaders helping to implement the program in their schools using a “train the trainer” concept. Macke facilitates the team as they design and pilot 13 grade-level lesson plans for K–12 in the Marshall School system for 2017–2018.

On the county level, Macke assisted the Clark County Development Organization with reorganization after being dormant for several years. Planning meetings were held and newly elected local government officials were educated. As a result, this county organization is meeting regularly with new members, and the local government officials have a better understanding of everyone’s role in community development.

On the regional level, as acting President of the East Central Economic Development Corporation—an 11-county regional economic development organization—Macke facilitated the reorganization of working committees and membership, and managed the process of hiring a new executive director. Because of these efforts, the organization now has active working committees, every board member is on a committee and the position of executive director is filled with a highly qualified candidate.
As CED Extension Educator, Tiffany Macke introduced a new model of sustainable funding to community leaders, planned and organized implementation, and continues to facilitate quarterly meetings in collaboration with the Marshall Chamber.

In 2017, the group contributed over $16,000 back into Marshall community organizations. Over $3,000 was given to the new Marshall Community Endowment Fund to help “seed” the start-up funding.

**100 Women Who Care**

Marshall High School Senior Meredith Brown helped pilot the new 12th Grade iDream activity – Vision Boards!

**K-12 iDream - iCreate activities in Pilot**

- **10** Dream Team members recruited
- **100+** Hours Donated
- **$2,000** Back to the Community

**Local, County, Regional, & State CED Partners**

- Marshall Chamber of Commerce
- Marshall School District
- Casey/Westfield School District
- Crawford County Creating Entrepreneurial Opportunities (CEO) Program
- East Central Development Corporation (EDIDC) serving Clark, Crawford and Edgar Counties
- Marshall Area Youth Network
- Marshall Leadership Team
- Crawford County School Systems
- Paris School System
- Bi-County Youth Leadership Program (Clark & Edgar)
- AgEd Department, University of Illinois
- Clark County Tourism Team
- Paris Area Brainpower Team
- Department of Urban Planning, University of Illinois
- City of Paris
- Palestine Improvement Committee
- Marshall High School Vocational Advisory Team
- Martinsville School District
- Marshall Public Library
- United Way of the Wabash Valley
- Local Workforce Investment Board #23
- Nutrition Department, University of Illinois
- ACES Family Academies, University of Illinois
- Casey Rotary
- Lawrence County Creating Entrepreneurial Opportunities (CEO) Program
- Eastern Illinois Education for Employment System
The 4-H Program is Preparing Youth to be Tomorrow’s Leaders

4-H primes youth for future success in their lives, their career choices, and their communities. Here are some ways Clark, Crawford & Edgar counties are accomplishing this goal:

- Thirty-seven 4-H members received training at the Unit Club Officer Party on being an effective club officer. 4-H meetings give 4-H members valuable experience in parliamentary procedure and conducting a business meeting.

- 4-H is about learning new things and experiencing new people and places! Over 65 4-H members and family members participated in the unit-wide 4-H ski trip. Over 20 4-H Federation and Jr. Leaders attended the unit “Discover St. Louis” trip this summer and learned new things about this vibrant town. Edgar County 4-H sponsored a trip to Fair Oaks Dairy Farm where over 50 4-H members and family members were fascinated by the technology and science used at this large dairy and swine farm.

- Mastering skills is an important component of the 4-H program and several of our 4-H members rose to the best of the best in 4-H competitions. Trent Finchum and Jacob Maschino represented Edgar County 4-H in the National Shooting Sports competition, bringing home 2nd place in trap. Clark County 4-H member, Thomas Crome was selected for the Illinois 4-H Livestock Judging Team which claimed the Reserve Championship at the national competition.

- What is the only thing feared more than death….some say it is speaking before a crowd! Every 4-H member gains valuable public speaking experience by giving a talk or demonstration to their local club. An additional 15 4-H members participated in the Public Presentation Contest, a county-wide event. A group of Clark County 4-H members spoke to the County Board during National 4-H Week to express appreciation of their continued support of the 4-H program. All of these experiences help youth gain confidence in speaking in public settings.

- How do we build future leaders? One way is to provide 4-H members the opportunity to see government in action. Twelve 4-H members from the three counties participated in our unit-wide 4-H “Youth to Springfield” trip. The 4-H members learned about state government while visiting state officials at the Illinois State Capitol and hearing first-hand about the rewards and challenges of working in state government.

4-H has taught me to lead instead of follow, be responsible in making decisions, dedicate myself in all things that I do, and be patient and kind with others.

MADOLYN WILHOIT,
CLARK COUNTY

Thank you 4-H for helping me to find my major and future career! I’m excited to continue my education at the University of Illinois at Urbana-Champaign. Oh, and thanks for all the memories!

Name: MaryAnn Catl
County: Crawford
Club: Prairie Pals
Age: 18

CLARK, CRAWFORD, & EDGAR COUNTIES
2017 IMPACT REPORT 12
3,060 Youth Reached

769 Club Members
2,291 Program Participants

4-H Clubs
26 Multi-Project Clubs
13 Special Interest Clubs
6 Cloverbud Clubs

4-H Volunteers
395 Adult
290 Program
182 Youth
66 Multi-Project Club
34 Special Interest Club
Crawford County 4-H Robotics Club Learns the Ropes and Teaches Peers

The 4-H Robotics SPIN Club, located in Oblong, can be a launching pad for students to realize their passion. A strong robotics curriculum can create leaders, teach essential teamwork skills, and teach students how to communicate across different technology platforms. Rick Nethery, 4-H Robotics Leader, said, “It is amazing to watch students’ passions grow in subjects they never knew they would enjoy.”

Increased attendance, higher grades, a sense of belonging, fewer behavioral problems, and an increase in positive attitudes toward school and homework are just some of the noticeable benefits of participation in the program. The Robotics SPIN Club presents annually during Science Safari, a science-based program for area seventh graders. This informative, hands-on program gets kids excited about science through exposure to the many elements science has to offer, encouraging students to explore careers in the field.

As presenters during Science Safari, students brought their laptop computers and LEGO Mindstorm robots. Club members taught their same-age peers how to code on a computer and make the robots work. They used public speaking skills, learned to listen and relate to others, expressed themselves, and participated in a community activity.

A Robotics Club member proudly displays his LEGO Mindstorm Robot.

4-H is so great in all aspects...my projects and experiences have taught me responsibility, leadership, respect and so much more. I LOVE THIS PROGRAM!

SARA, CLARK COUNTY

4-H Members Hit the Mark in Edgar County Shooting Sports Program

“Jacob Maschino, the youngest competitor at the Illinois 4-H State Shotgun Shoot, missed one shot all day; one shot out of 100, and it came in the very first round. After that, he was perfect,” reports Judy Mae Bingman, Illinois 4-H Media & Communications Specialist.

Competing at the 4-H Shooting Sports National Championships was a once-in-a-lifetime-experience for Edgar County members Trent Finchum and Jacob Maschino. Maschino, who at age 14 went to the Illinois 4-H state competition held in Bunker Hill and won first place, earned a spot on the state team. Finchum placed third overall to earn his spot on the state team going to the Nationals at Grand Island, Nebraska in June. Both 4-H members have been members of the Edgar County Shooting Sports program for the past 3 years.

“We are very excited for these young men. They worked hard, practiced hard and it paid off,” said Chris Milam, Edgar County Shooting Sports Coordinator. Their hard work did indeed pay off. As members of the four-man shotgun team representing Illinois at the national competition, Illinois came home with a 2nd place victory in trap.

Edgar County has had members on the Illinois shotgun team in both 2016 and 2017. This success is due to a well-run local program. Milam, who has been coordinator since 2012, puts his passion for shooting sports to work for the benefit of 4-H youth. Milam leads a team of dedicated volunteers that provide Shotgun, Air Rifle/.22 Rifle and Archery disciplines to 4-H members. The Edgar County Shooting Sports program has seen tremendous growth over the last 5 years, and had 48 members enrolled in the 2017 program.
Over 200 students and faculty members from Edgar County schools converged upon the 4-H fairgrounds in Paris for an educational opportunity to learn and understand conservation in practical ways. The 5th grade students enjoyed a day of learning and fun in spite of the inclement weather. One 5th grade teacher responded that “Conservation Day explains the impact that taking care of our environment can have on their lives and future generations.”

The students visited various stations that presented information about agriculture, beekeeping, conserving energy, watersheds, weather, and aquatics. The highlight of the day was a raptor program by the Indiana Department of Natural Resources from Hardy Lake in Scottsburg, IN. Another popular session was provided by WTHI weatherman Chris Piper, who is a native of Edgar County.

This was a first for the University of Illinois and the Edgar County Farm Bureau to partner together to organize the event. Several agencies such as Enerstar Electric Cooperative, Illinois Department of Natural Resources, Soil and Water Conservation District, Natural Resources Conservation Service, and Farm Service Agency worked with 4-H Program Coordinator Cheryl Funkhouser and Farm Bureau manager Joe Melisi to make this event a great success. The Interact Club from Paris High School provided student helpers for the day. One of these students, Emily Hall, helped with the Predator and Prey game session. Emily, an 8 year member of Ft. Sumpter 4-H Club, shared with the students how 4-H has positively impacted her life. Another 5th grade teacher shared, “The students were able to write about many new things that they didn’t know about in their journals. That makes a successful day!”

4-H in the Classroom Makes a Difference to Students with Special Needs in Edgar County

In its sixth year, the “learn by doing” model of 4-H has been provided to the 3rd through 5th grade students at The Treatment and Learning Center (TLC) in Kansas, Illinois. TLC is an educational facility with Eastern Illinois Area of Special Education (EIASE). In 2012, 4-H in the Classroom began with an invitation from classroom aide and former 4-H parent, Sarah Penczek, to come into the classroom and provide a fun, learning experience for her students.

The students at TLC have special academic and behavioral needs, and 4-H is a great fit for them. By bringing 4-H to them in their classroom they are being impacted by the positive youth development that is 4-H.

Students have built rockets and had a launch day, learned about electricity and how to build a circuit, enjoyed fun with physics, and created fine arts projects. They have even learned cake-decorating skills and put them to the test.

4-H Parent Mindy Mood, who volunteers to work with these students in the classroom, has seen the results of this program first hand. “It makes my day to enter the classroom and feel the excitement from the students because it’s 4-H Day!” Mood, who has been volunteering for the past 5 years with the program says, “I know what 4-H in the Classroom brings to these underserved youth...an opportunity to learn lifelong skills. 4-H builds confidence and leadership skills as we provide ‘hands on’ learning experiences for them.”

Edgar County Teachers Agree Conservation Day Is Valuable Experience

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I love science! It makes me happy having someone come into our class and do experiments with us. Electricity was the best 4-H day yet. I liked it a lot!

DAKOTA, FOURTH GRADE STUDENT
Offering opportunities for youth that cannot be gained through a traditional 4-H Club, SPIN Clubs offer flexibility for busy families and a variety of interests for youth ages 8–18.

**SPIN Clubs (SPecial INterest Clubs) of Clark County**

Only 4-H jazz band in the state—consisting of 16 youth and 2 adult volunteers, these musicians range in age from 8th grade through high school. This group performed at the Illinois State Fair on Family Day to an audience of 1,000. They also performed during the St. Jude Trail Ride, Agronomy Night, an Antique Tractor Club meeting, and made multiple nursing home presentations. These 4-H members learn new skills and techniques by playing a variety of music, gain confidence by performing for large crowds, improve their leadership skills and learn about music as a career.

**4-H JAZZ BAND**

**DOG OBEDIENCE & AGILITY CLUB**

Consisting of 12 youth and 2 adult volunteers, this group met once a week for 10 weeks with their favorite canine and learned the skills of training their dog. At the end of the course, youth were encouraged to continue the agility training (over bridges, around poles, through hoops, etc.) for an additional six weeks. These 4-H members learned life skills, patience, and mastery of their project.

The 4-H Jazz Band performing at the Illinois State Fair.

**HORSE CLUB**

Serving 30 youth with 8 adult volunteers, this group regularly learned new skills and team building along with compassion for animals. In 2017, The Horse SPIN Club participated in the Horse Bowl & Hippology Contest, in Horse Judging, and attended various educational adventures including the Kentucky Horse Park, racetracks, college visits, and veterinary clinics, learning the diversity in the horse industry.

**LIVESTOCK JUDGING TEAM**

Made up of 7 youth and 2 adult volunteers, this group met weekly for five months and studied conformation of animals (beef, swine, sheep & goats) and competed in four contests, receiving many placements in the top 5–10 as individuals and as a team. They consistently worked on communication skills, problem solving, and building relationships with youth across the state.

**SHOOTING SPORTS**

4-H Archery & Air Rifle—As the largest SPIN Club in Clark County, this group consisted of 65 youth and 15 adult volunteers. Broken down by beginners and more advanced, this group is taught by trained and certified instructors promoting safe and responsible use of firearms and archery equipment. As 4-H members, the youth gained confidence, good sportsmanship, self-responsibility, discipline and decision making.

**TRACTOR CLUB**

Another large group, consisting of 23 youth and 3 adults, this SPIN club toured multiple agriculture-related businesses and invited speakers on first aid, equipment safety, and chemical safety. Caring volunteers offered a wide variety of interest, promoted safety around the farm, and promoted the agri-business industry, encouraging youth to continue their education through the College of Agriculture, Consumer, and Environmental Sciences at the University of Illinois.

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153 youth participated and 32 adults volunteered in SPIN Clubs in Clark County in 2017.

**4-H Shooting Sports is cathartic! It gives me the ability to teach as well as grow my own skill in the area of marksmanship.**

**GABE, CLARK COUNTY**
MASTER GARDENER SEMINARS
Community members look forward to the annual gardening seminars hosted by the Illinois Master Gardeners. Crawford County’s Winter Day in the Garden and Edgar County’s April in Paris are two very popular educational programs.

4-H WEEK
During 4-H Week, clubs focus their efforts on advertising what 4-H has to offer and recruiting new members. Window displays are a popular way for clubs to show their peers and community how they are making a difference.

4-H FAIR
Considered by most members to be the culmination of the 4-H year, the 4-H fair boasts hundreds of projects in numerous areas. The fair allows members to experience one-on-one conference judging, a time to ask questions, show off what they have learned during the year, and reap the benefits of their hard work.

UNIT EVENTS GROW
Unit events like this “Discover St. Louis” field trip, help 4-H members in the three-county unit get to know one another and develop life-long friendships.
Members from Clark, Crawford and Edgar counties couldn’t wait to show off their cooking skills during the Illinois Food Challenge, where teams of 4-H members had to create a dish within a given time frame using mystery ingredients. The crowd of parents and spectators enjoyed this event as well.

4-H GROWS HERE
Most of our 4-H families received a 4-H Grows Here sign to proudly display in their yards. The signs were purchased with a donation from our Illinois 4-H Project Partners and the Illinois 4-H Foundation.

VOLUNTEERS MAKE A DIFFERENCE
University of Illinois Extension programs make a difference in our local communities – largely because local volunteers are involved in planning and delivering those programs!

ILLINOIS FOOD CHALLENGE
Members from Clark, Crawford and Edgar counties couldn’t wait to show off their cooking skills during the Illinois Food Challenge, where teams of 4-H members had to create a dish within a given time frame using mystery ingredients. The crowd of parents and spectators enjoyed this event as well.

PROGRAMMING FOR YOUTH
All three counties hosted regular educational workshops for youth. Some of the topics included cooking, cake decorating, visual arts, livestock judging, pet care, rocket building, and Santa’s Workshop.
**Be Smart Eat Well Get Healthy**

Visit for nutrition tips, recipes & cooking videos!

**I ILLINOIS**

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**EAGLE THEATER’S NIGHT AT THE MOVIES**
Crawford County 4-H

*Wednesday, December*

Come enjoy a movie and help a great cause!

See ANY movie on December 20, bring this flyer to the box office, and 26% of your purchase of tickets and concessions will go to support Crawford County 4-H.

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**4-H ANIMAL NUTRITION CLINIC**
For the ALL Species of Livestock

**WHO:** JJet Rentals & Kalmbach Feeds are hosting an animal nutrition clinic for ALL livestock projects

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**4-H Porkburger Drive Thru**
Saturday, November 9
10:30 a.m. – 1:00 p.m.
Oblong Fairgrounds
$5 a meal
$8 for two porkburger meal
You don’t even have to get out of your car.
PORKBURGER, CHIPS, and DRINK.

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**H BEEF CLINIC**
SAT. MARCH 25, 2017
1:00 PM

Hosted by
Justin Lewis & Double J Simmentals
11474 N. Fox Rd, Marshall, IL 62441

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**WANTED**
ALL 4-H FAMILIES INTERESTED IN RAISING & SHOWING BEEF

**CLINIC TOPICS INCLUDE:**
- Dairy Care & Handling
- Feeding
- Grooming
- Showmanship

**Contact:**
U of I Extension, Clark Co.
Carla Gatzafken, 4-H Program Coordinator
gatzafken@illinois.edu
618-735-5453 for more info
RSVP by Mon. March 20

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**4-H AG OLYMPICS CONTEST!**

Dust off your denim, strap on your work boots, flex your muscles and put together an Ag Olympics Team!

CLARK COUNTY 4-H IS HOSTING THE FIRST ANNUAL AG OLYMPICS CONTEST DURING THE MARTINSVILLE AG FAIR ON MONDAY, JUNE 12TH.

DATE, TIME, LOCATION: Monday, June 12th at 6:00 p.m. in the Grandstand of the Martinsville
Clark County 4-H FAMILY BUS TRIP
Saturday, March 11
7:30 am – 6:00 pm
(Fair Oaks Farms, Fair Oaks, IN)
$15 per participant

SATURDAY, MAY 6
8:00 – 10:30 a.m.
U OF I EXTENSION
CLARK COUNTY OFFICE
1 mile south of Marshall on Route 1

Do you have too many irises and not enough strawberry? Are your houseplants falling off the shelf? Then dig up those irises, divide your houseplants, bake some yummy treats and bring them to the
Annual Plant & Bake Sale.

Anyone can buy! And anyone can sell seeds, flowers, garden plants, or trees and baked goods! You set your own price. There is no charge, but we do appreciate donations to help cover our costs!

Just call University of Illinois Extension, Clark County at 217-486-5422 to reserve a space or for more information. Clark County Master Gardeners will be on hand to answer your

CLARK COUNTY 4-H SHOOTING SPORTS OPEN HOUSE
Tuesday, August 22, 2017 – 6:30 PM
Clark Co. Extension Office

INTRODUCING OUR 4-H SHOOTING SPORTS PROGRAM - Open to ANY youth 8-18!
Come see what we have to offer, meet our certified instructors & SIGN UP!

SUNDAY, JUNE 4
11 am – 11:30 am
Edgar County Extension Office
Open to all youth 10-1 grade and older

Open to all youth
Registration deadline - May 15

We will have daily fun and great prizes at the end including:
A tour of the Cardinal's Bus Stadium
1 Hour Riverboat Cruise
1 Lunch at the St. Louis South Holland Factory

Cooking School
Wednesday, June 14
6:00 am – 9:00 am
Edgar County Extension Office
Open to all youth

CLARK COUNTY 4-H FAMILY SKATE NIGHT
Tuesday, October 24
6-8 p.m.

New Member PARTY TONIGHT!!

Ticket $8 in advance
$9 at the door
$4 for Children

CLARK, CRAWFORD, & EDGAR COUNTIES 2017 IMPACT REPORT
### Staff Directory & Extension Council

<table>
<thead>
<tr>
<th>Image</th>
<th>Name</th>
<th>Title/Role</th>
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</thead>
<tbody>
<tr>
<td>Stacy Woodyard</td>
<td>County Director</td>
<td></td>
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<tr>
<td>Jessie Crews</td>
<td>Educator, 4-H Youth Development</td>
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<tr>
<td>Mary Liz Wright</td>
<td>Educator, Nutrition and Wellness</td>
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<tr>
<td>Tiffany Macke</td>
<td>Educator, Community &amp; Economic Development</td>
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<tr>
<td>Cartha Gustafson</td>
<td>Coordinator, 4-H Youth Development</td>
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<tr>
<td>April Knoblett</td>
<td>Coordinator, 4-H Youth Development</td>
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<tr>
<td>Cheryl Funkhouser</td>
<td>Coordinator, 4-H Youth Development</td>
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<tr>
<td>Darra Walker</td>
<td>Specialist, Promotion &amp; Publicity</td>
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<tr>
<td>Kim Trine</td>
<td>Community Worker, SNAP-Ed (Jan—Aug)</td>
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<tr>
<td>Tammy Evans</td>
<td>Community Worker, SNAP-Ed (Dec)</td>
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<tr>
<td>Hope Dennis</td>
<td>Community Worker, SNAP-Ed</td>
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<tr>
<td>Rusty Nave</td>
<td>Coordinator, Ag &amp; Natural Resources (Jan—Aug)</td>
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<tr>
<td>Summer Barna</td>
<td>Specialist, Office Support</td>
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<tr>
<td>Rebecca Schiver</td>
<td>Associate, Office Support</td>
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<tr>
<td>Elizabeth Will</td>
<td>Associate, Office Support</td>
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<tr>
<td>Kim Trine</td>
<td>Coordinator, Ag &amp; Natural Resources (Sept—Dec)</td>
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<tr>
<td>Jane Williams</td>
<td>Assistant, Office Support</td>
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<tr>
<td>Tiffany Cervantes</td>
<td>Assistant, Office Support</td>
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### EXTENSION COUNCIL 2017

- **Stephen Bowyer**: Edgar
- **Corrie Brinkerhoff**: Edgar
- **Meggan Cash**: Edgar
- **Laura Collier**: Crawford
- **Ron George**: Edgar
- **Bev Goekler**: Clark
- **Kim Macke**: Clark
- **Lynn McCleave**: Crawford
- **Linda Murphy**: Edgar
- **Paula Padgett**: Edgar
- **Linda Ryan-Catt**: Crawford
- **B.J. Titus**: Clark
- **Cody Vaughn**: Clark
- **Barrett VonBehren**: Crawford
- **Angela Zellers**: Clark