Guess how Much I Love You
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Goal: To help children realize how much they are loved and how much they love others.

1. Show the cover of the book and ask the children to read the title.

2. What is Little Brown Hare doing on the cover?

3. Read the story stopping from time-to-time to ask:
   a. What couldn’t Big Nutbrown Hare Guess?
   b. Who has the longest arms?
   c. Who can reach the highest?
   d. Why does Little Nutbrown Hare tumble upside down?
   e. Who hops the highest?
   f. What can Little Nutbrown Hare see from the hill?
   g. Little Nutbrown Hare almost couldn’t think any more, because?
   h. What could be further than the sky?
   i. Who won the game, and why? Did anyone really win the game?

4. What does the story teach us?

Activity:

- Cut out a big heart and write the names of the people you love on it on one side, on the other side write a list how much you love them.

- Draw a picture of some of these ideas; like your arms stretched out with an arrow I love you this much. You can substitute how much I love you with how much I miss you if a parent is deployed.

- Ask the deployed parent/ member to do the same activity and send home their list for the child to keep.
Take a jar and cut out red hearts. Write on the hearts all the different ways you love your parent/member, fold them in half and send them to the deployed parent/member. Let them know you are sending them a “Heart Attack” in a jar. Instruct them to take one heart out each day and place in their pocket to remember how much they are missed and loved.

Make a game in letters to the deployed parent/member to come up with bigger ways each time of saying how much I love you and miss you like, Little Nutbrown Hare and Big Nutbrown Hare.

Lesson Plan written by:
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